



## BECOME A MEMBER

Community members and organisations can show their interest and support for Community Health by becoming a member. Membership is free. As a member you will be kept informed of developments in Community Health and will be eligible to vote at Annual General Meetings.

### APPLICATION FOR MEMBERSHIP OF GOULBURN VALLEY COMMUNITY HEALTH SERVICE INCORPORATED

I \_\_\_\_\_ (full name of applicant)

of \_\_\_\_\_ (address)

City: \_\_\_\_\_ Postcode: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

wish to become a member of Goulburn Valley Community Health Service Incorporated (GVCHS). I certify that I am over 18 years of age and reside in the City of Greater Shepparton, Shire of Moira or Shire of Strathbogie.

Signature of applicant: \_\_\_\_\_

Date: \_\_\_\_\_

Signature for GVCHS \_\_\_\_\_

Date: \_\_\_\_\_

**Note:** Please return application to the address noted on the back of this flyer.

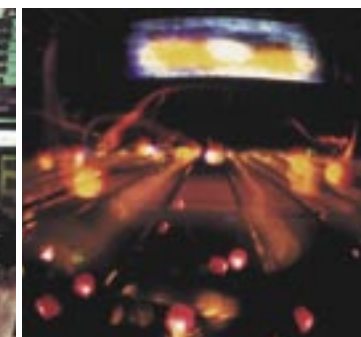


FOR MORE INFORMATION CONTACT:

**Community Health**  
399 Wyndham Street, Shepparton, 3630.  
**Tel: 03 5823 3200**  
Mon – Fri 9am to 5pm  
Fax: 03 5823 3299  
[www.gvchs.com.au](http://www.gvchs.com.au)



Servicing the City of Greater Shepparton, Shire of Moira and Shire of Strathbogie.





## COMMUNITY CARE

Our team of volunteers provide information regarding services in the local community and offer support to people in need.

## COUNSELLING

Community Health counsellors are available to talk to people about issues affecting their lives. Clients are able to talk, confidentially, to a professional counsellor who can help develop goals to resolve these issues. A small fee applies for this service.

## DRINK DRIVE

The Drink Drive program provides education and assessments for people who have lost their licence as a result of a drink driving or drug related offence. Fees apply for this service.

## DRUG AND ALCOHOL

This service provides counselling, education and health promotion to people who are concerned about their own or someone else's alcohol or drug issues.

## FINANCIAL COUNSELLING

This service helps people regain control over their money by establishing and adhering to a sensible budget and also provides help with debt management. It is available to anyone who is experiencing problems with their financial affairs, in the Shires of Moira and Strathbogie.

## FAMILY VIOLENCE PROGRAM

This service helps women and children who are affected by family violence. It provides a range of free and confidential services in a safe environment. Depending upon the client's individual circumstances, this service may help with alternative accommodation, counselling, advocacy, court support and access to other relevant services.

## GAMBLERS' HELP

Gamblers' Help is a free and confidential service helping problem gamblers or those affected by someone else's gambling.

This service is provided over the phone or face-to-face in a safe and confidential environment.

## KOORI SERVICES

Community Health helps Indigenous families affected by substance misuse by providing services through the Koori Court. People directed from the Koori Court are linked into the drug and alcohol service.

Our Indigenous Family Violence program accepts referrals from women and children. This program works closely with our other Family Violence program.

## NEEDLE AND SYRINGE PROGRAM

A confidential Needle and Syringe service is available to intravenous drug users.

## NEIGHBOURHOOD RENEWAL

Community Health supports Shepparton's Parkside Gardens' Neighbourhood Renewal program which includes an opportunity shop, training centre and the coordination of education and learning opportunities for residents, with workers active in the local community.

## PARENT EDUCATION

This service provides support for parents and carers through:

- The provision of education programs and information;
- Resources such as books, tapes and videos;
- Counselling; and
- Professional support and education.

## PRIMARY HEALTH SERVICE

This service provides health promotion, education and screening programs.

Community Health Nurses provide individual, school or group consultations regarding general health and well being. This service provides one-to-one consultations on health questions, pregnancy testing, sexual health, breast screening and also links people to other health services.

A Dietitian is available to provide advice to people who are interested in improving the nutritional content of their diet and their general fitness, managing a health condition such as diabetes or high blood pressure or losing weight.

A small fee applies for Primary Health Services.

## SUPPORTED ACCOMMODATION

Supported accommodation provides short term housing for women and children. This assistance is for women overcoming drug or alcohol issues. This program links with other appropriate services including drug and alcohol counselling and assistance with applying for long term housing.

## VOLUNTEER RESOURCE CENTRE

Community Health provides a central base for the recruitment and referral of volunteers. This service also helps Centrelink customers who are seeking volunteer placement under the Voluntary Work Initiative and Mutual Obligation requirements.

## YOUTH SERVICES (DRUG & ALCOHOL)

This program works with young people who are at risk of problematic drug use, where drug use is affecting their lives through being at risk of loss of employment, exiting school, family breakdown or other consequences of high risk behaviour.